



How To Get A Girlfriend

4 Secret Tips For How To Get A Girlfriend...



Are guys looking just for a "fun time" - or do they want to know how to get a girlfriend?

The interesting truth is that the majority of men out there don't want to play the field and date a bunch of women at once. They want to have the power to date many women, but they ultimately want to date just **ONE attractive, desirable woman**.

There's a lot of media stereotyping men as being "cheaters" and "unfaithful." If you've seen any of the stories on the Tiger Woods scandal, or the Jesse James affairs, you know how this makes men look.

The truth is that both men AND women will cheat if they are not feeling fulfilled in their relationships. (**Note:** Women cheat just as much as men, but are much better at hiding it.)

So don't believe all the negative press. Guys everywhere want to know [how to get a girlfriend](#) that they can stay faithful to and have all their emotional and sexual needs met.

You're probably wondering what the steps are for [how to get a girlfriend](#). Well, I'm going to outline 4 important secrets that you can follow and get a girlfriend that you can trust and invest your emotions in.

How To Get A Girlfriend: Secret Tip #1: Get Exposure

It's probably one of the worst cliches, but the fact remains that you will not meet women by sitting at home playing Gears of War on your X-box. But you can file this under "**know it but don't DO it**" for most guys. It's usually the number one reason that most men don't have a girlfriend. They just don't go out enough.

You want to make it a point to go out at least one weekend night (that's Friday or Saturday) - and at least one or two weekday nights. The more you get out and get around people, the more likely it is that you will actually meet women you want to date. And since you have to meet at least a few women to find one that's interested in being your girlfriend, the more women you meet, the more likely you will get a girlfriend.

Getting exposure is just one of those things that's easier to **NOT** do. Hey, we all get a little anti-social once in a while, and feel like staying at home with the dog. But we also know that getting out more often will improve our prospects.

Which leads to the next tip...

How To Get A Girlfriend: Secret Tip #2: Get Social

It's been shown time and time again that most men do not meet their girlfriends in a bar or club. In fact, if there's one thing I can tell you about how to get a girlfriend, it's that you need to get out and get social.

Chances are you will meet your next girlfriend through a friend, or someone in your social circle. It might be a party, or a big dinner, or an art showing that you get invited to. But one of those social events will pay off for you in meeting more women. Even if you don't get a girlfriend there, you're very likely to meet one or more people with their own social networks of highly desirable women.

Here's another secret you're not likely to find out about: When you're a social man, you're also giving **HER** value. You see, guys with a healthy social circle and friends are more highly valued by women.

Why? Because she knows that a man with a strong network of friends and associates is usually more fun to be around, and is also more balanced.

So when you're active socially, you not only increase your exposure (**Secret Tip #1**) but you are also a more valuable dating asset for her. This might sound a little self-serving, but when it comes to dating and romance, we're all tuned into **WIIFM** (What's In It For Me) radio...

How To Get A Girlfriend: Secret Tip #3: Get Excited

If there's one area that I consistently have to coach guys that want to learn the secrets for how to get a girlfriend, it's this: Get excited.

What I mean is that you need to get passionate and **ALIVE** in your own life.

Nothing is more boring to a woman than to meet a man who has no drive or ambitions of his own. And it's especially weird to women when **SHE** is his only passion. If it seems like a guy's only interest is trying to get a girlfriend, she will wonder why his own life isn't enjoyable enough for him.

So one of the most important things you can do is to get excited about your own life, and show it when you meet women or talk to women.

There are **three important ways** you want to show your excitement to women.

1) Be animated

Show excitement in your body language...

2) Be verbally expressive

Show your excitement in your vocal tone. Avoid sounding like that teacher in "Ferris Bueller's Day Off."

Bueller?

Bueller?

3) Talk about your passions in life.

If you're into playing guitar, *talk about it*.

If you're into repairing cars, *tell her about it*.

Whatever your interests are, if they're important to you and you hide them, you're going to be hiding away that masculine energy that a woman needs to see and hear. Passion starts attraction. If you really want to know how to get a girlfriend, you have to remember that a woman wants a man that is a source of energy in her life, not a drain.

And finally...

How To Get A Girlfriend: Secret Tip #4: Get Confident

I don't mean this in the usual "be confident" advice you normally hear from dating gurus out there. What I mean is that you need to get confident about yourself - and your plan for how to get a girlfriend.

Time and time again, you'll find that your emotions will try to undermine your plans to get a girlfriend. One day you'll be in a great mood, on top of the world, and the next day you'll wonder why you even bother.

The key is to create a plan for how to get a girlfriend that you want and stick to that plan. Don't let your fickle emotional weather determine how successful you are at this game. One of the best side-effects of consistency and confidence is that it creates a positive attitude and aura around you that other people find infectious and attractive.

Yes, you also need to be confident about yourself and your value to women. In fact, **true confidence with women** is really just knowing that what you have to offer is something a woman would want and value. When you start with that understanding, **you'll be amazed at the transformation that takes place** in your confidence with women and getting the kind of sex life you want.

The funny thing is that if you just follow these four simple tips for how to get a girlfriend, you'll probably find yourself with what we call a "high quality problem": Too many interested women, and too little time.

I'm sure if that happens, you won't be complaining too much about your "horrible" situation.

And if you want to get the complete roadmap of how to go from home alone to how to meet and attract the sexy woman of your dreams, then you need to learn how to meet women with my home study program.

It's fast, easy, and guaranteed to get you from no women to wherever you want to be in just a few weeks. Date as many women as you want for as long as **YOU** want.

It's up to you...

Go download your copy - **CLICK HERE => [How to Get a Girlfriend - FAST](#)**

Talk soon...

Wishing you confidence and success with women - With **HONOR** and integrity.

PS: You might be reading this right now, just happy to be entertained with the information I'm sharing. But I want more than this for you.

I want you to get **REAL** results with women.

Stop pretending everything is "fine."

Stop walking away from situations that make you nervous - like approaching a woman, or asking her out.

Stop letting the outside world stop you from being the man you want to be...

Really, the time for denial and mediocrity is **over**.

Make a decision that today is the day things will change forever for you.

Go here now and learn how to make that change:

[CLICK HERE: How to Get a Girlfriend - Fast](#)

For a downloadable catalog of my programs, and an overview of REAL Game, [click here](#).

For more products that I recommend for Alpha Men, take a look at my recommendation page [HERE](#).